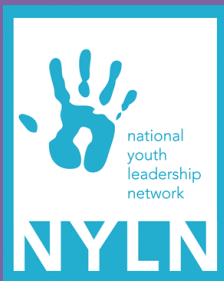


# “Making My Mark: Independent Living 101”



**IMAGE:** Three green leaves are connected at the stem. This represents multiple people working together toward a universal goal. The leaves have water droplets on them representing a fresh and healthy future.



National Youth Leadership  
Network  
P.O. Box 5908  
Bethesda, MD 20824  
[www.nyln.org](http://www.nyln.org)

**Friday, March 7, 2014**

**Noon-1pm EST or 4-5 pm EST**

**\*Participate in person or by phone\***

**Register Here:**

<https://www.surveymonkey.com/s/BC2ST67>

**The National Youth Leadership Network is proud to announce the introduction to Independent Living training tools made by and for young people with disabilities.**

**Details about “Making My Mark: Independent Living 101”:**

- It is a collection of training tools designed to introduce young people to independent living, possibly for the first time.
- It is designed to be led by peer mentors, adult allies, or partnerships of young people and mentors.
- It is based on the core of independent living: self-determination, goal-setting, and empowerment.
- It is broken down into lessons that can be led over a few days or over a couple months.

**“Making My Mark: Independent Living 101” was made possible by a grant from The HSC Foundation. This product is supported by the National Youth Transitions Center and the Youth Transitions Collaborative.**